

Covid Safety Guidelines

(rev. 12/13/20)

Music City Pickleball is committed to providing a safe environment for playing pickleball in the midst of the pandemic.

All members of the club must agree to support and adhere to the following:

- Have their our temperatures taken at check in
- Wear masks and maintain social distancing when NOT playing, in accordance with the Williamson County Declaration issued October 30, 2020.
 - Socializing appears to be the most frequent means of spreading Covid in the pickleball community.
- Notify board if they test positive for Covid
- Notify the board if they have been in close contact* with someone who has Covid symptoms or has tested positive for Covid.
- Follow Quarantine guidelines shown below.
- No spectators until further notice.
- If you feel unwell for any reason - please do not visit the club until you feel better.

*Close contact definitions

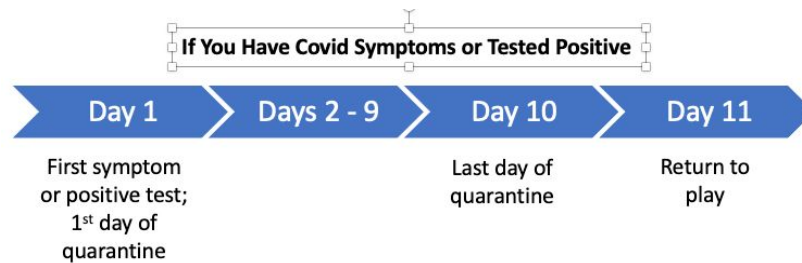
- When not playing:
 - Someone who was within 6 feet of an infected person for a cumulative total of 15 minutes or more over a 24-hour period* starting from 2 days before illness onset (or, for asymptomatic patients, 2 days prior to test specimen collection) until the time the patient is isolated.
- While playing:
 - Other factors that impact the definition of close contact per the CDC: *“if the infected person was likely to generate respiratory aerosols (e.g., was coughing, singing, shouting), and other environmental factors (crowding, adequacy of ventilation, whether exposure was indoors or outdoors).”*
 - Since physical exertion generates respiratory aerosols and because MCP is an indoor facility, close contact includes partnering (playing on the same side of the net) with an infected person starting from 2 days before illness onset (or, for asymptomatic patients, 2 days prior to test specimen collection) until the time the patient is isolated. This would not apply to outdoor play.

MCP Quarantine Guidelines

Based on CDC guidelines*:

If a Member has Covid

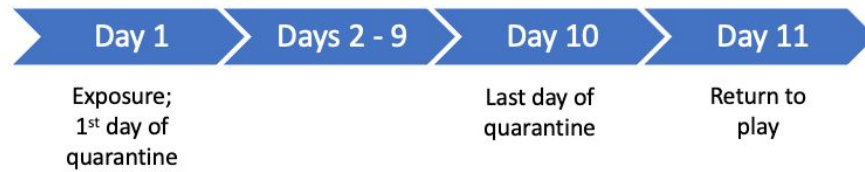
- If a member either develops Covid symptoms or tests positive, the member is required to inform MCP via info@musiccitypickleball.com.
- The member and/or the club will notify players that the member was in close contact with or partnered with (same side of the net) up to 48 hours before the onset of either symptoms or a positive Covid test.
- Member will be able to return to MCP:
 - 10 days after symptoms first appeared AND
 - 24 hours with no fever without the use of fever-reducing medications AND other symptoms of COVID-19 are improving (Loss of taste and smell may persist for weeks or months after recovery and need not delay the end of isolation)



If a Member has had Close Contact with Someone with Covid-19

- If a member was in close contact* with someone (at MCP or elsewhere) within 48 hours of that person testing positive for Covid or showing symptoms of Covid, that member is not allowed at MCP until:
 - A quarantine period of 10 days has been completed. The day of exposure is day 1 and day 10 is the last day of quarantine. Affected members can return to play on day 11. The quarantine period starts after the last exposure to that person, as long as you remain symptom/covid free.
 - This applies to members who were in close contact regardless of where the close contact occurred. For example, it could be someone you partnered with, a family member, a colleague, etc.
- EXCEPTIONS:
 - You have had COVID-19 in the previous 3 months AND
 - Have recovered AND remain without COVID-19 symptoms

If You Had Close Contact to a Person with Covid



*Sources:

- <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/end-home-isolation.html>
- <https://www.cdc.gov/coronavirus/2019-ncov/more/scientific-brief-options-to-reduce-quarantine.html>
- <https://www.cdc.gov/coronavirus/2019-ncov/php/contact-tracing/contact-tracing-plan/appendix.html#contact>